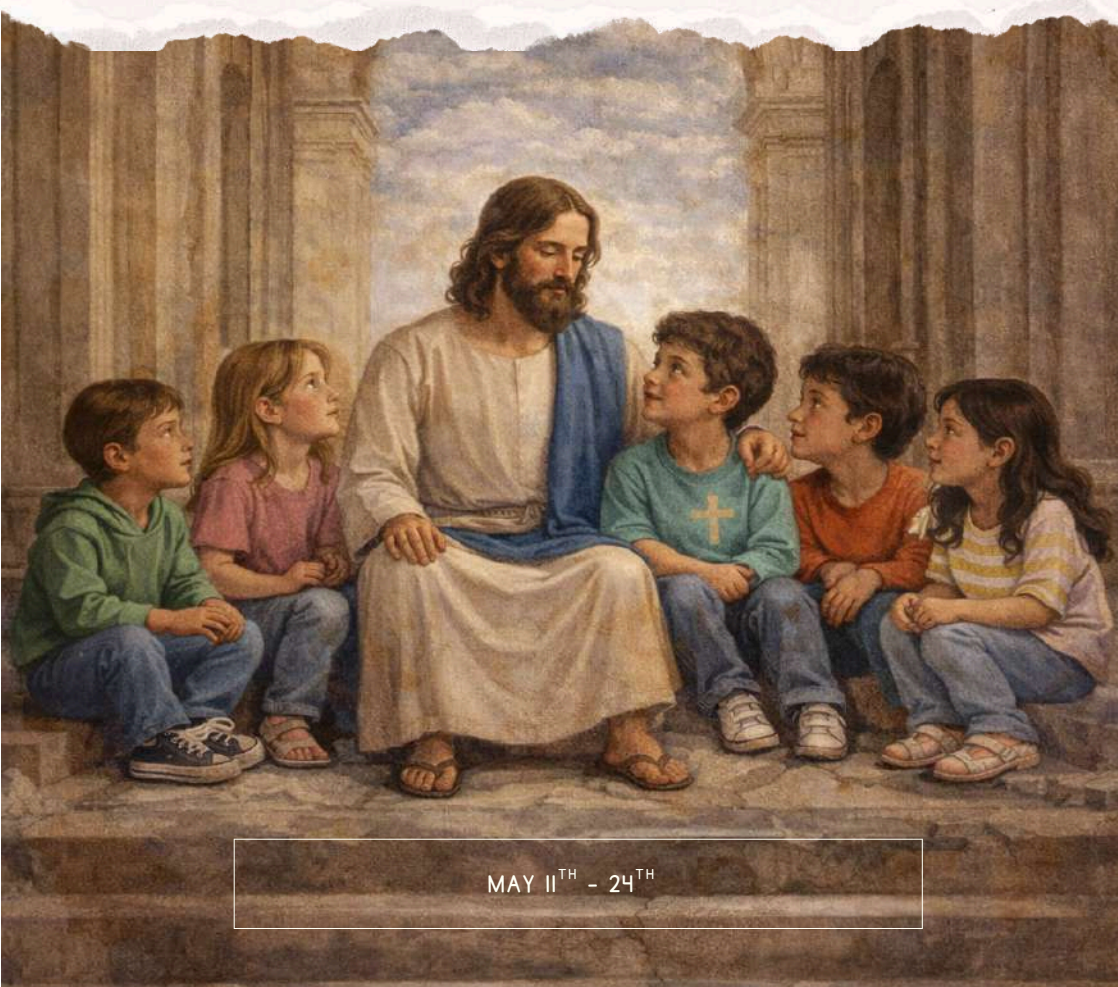




PRAYER & FASTING 2026

CONNECTED

STAYING CLOSE TO JESUS - UNION



MAY 11TH - 24TH

HOW TO USE THIS JOURNAL

This journal will help you spend time with Jesus during Prayer & Fasting in a simple and fun way.

EACH DAY INCLUDES:

- A Connection thought
- A Bible story to read
- A Scripture to read
- A question to talk about
- A "Picture This" moment with Jesus
- A simple action to try
- A short prayer

You can do this together as a family, or with help.



START WITH YOUR SEED

On day 1, plant your seed.

As it grows remember:

- Water your plant
- Watch it grow

As your plant grows, notice how you are growing too.

- Even small growth matters.



BRING BACK YOUR JOURNAL

When each week ends, show your completed journal pages at the check-in to earn a prize.

A little reward for all your reflection and growth!



Stay connected to Jesus. Keep on growing. Love others!

CONNECT

Have you ever picked up a stick or branch from the ground?
Do you think it could grow?

STORY TIME

One day, Jesus told His friends something very important.

“I am the vine, and you are the branches.”

John 15:5

Imagine a big, strong vine growing in a garden.

The branches are connected to it, and that’s how they stay alive and grow fruit.

But what happens if a branch is not connected anymore?

It dries up...

It can’t grow anything.

Jesus was teaching them something simple but powerful:

We need Him for everything.

We can’t grow strong, kind, loving lives on our own.

We need to stay close to Jesus every day.

Just like a branch stays connected to the vine we stay connected to Jesus by:

- Talking to Him
- Trusting Him
- Spending time with Him





BIBLE LOOK UP

Read: John 15:1-5

Listen for: What does Jesus say about the vine and the branches?



PICTURE IT

Close your eyes.

Think about Jesus, the true vine.

Picture yourself as a branch
connected to Him.

Remember, He gives you
everything you need to grow.



DO (Try this today)

Try this today:

- Fill a cup with soil.
- Plant a seed.
- Water it.

Watch it grow over the next two weeks.

As you do, say:

“Jesus, help me stay connected to You.”



THINK

- What helps you stay close to Jesus?
- When do you feel far from him?

RESPONSE TO GOD

Draw yourself connected to Jesus like a branch on a vine.
You can draw: A vine, branches or yourself growing and full of life.



PRAY

Pray together:

- To stay close to Jesus every day
- To depend on Him instead of doing life on our own
- To grow strong in our faith
- For a deeper love for Jesus

SIMPLE PRAYER

Jesus, thank You that You are the source of life.

Help us stay connected to You every day.

We don't want to do life on our own.

Help us grow strong in You.

Amen.

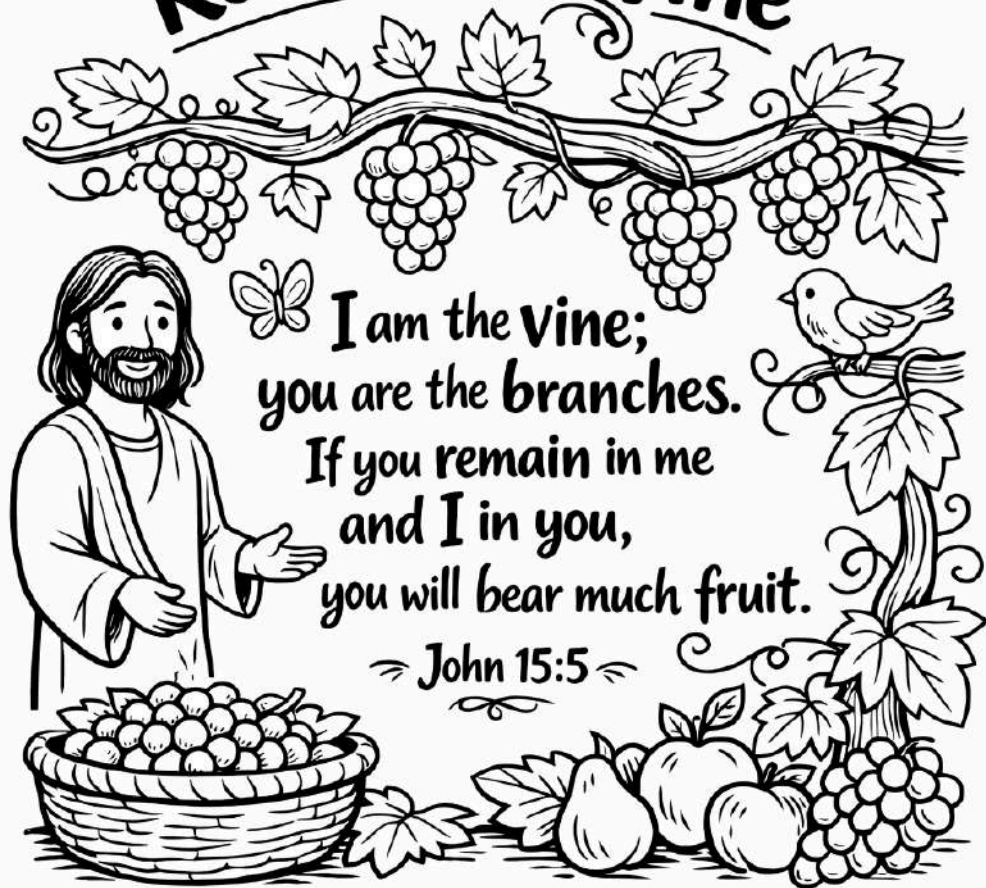
DAY 1

Monday

11 May

Reading
John 15:1-5

Return to the Vine



I am the vine;
you are the branches.
If you remain in me
and I in you,
you will bear much fruit.

— John 15:5 —

Color in the picture and talk about what it means to stay close to Jesus.

CONNECT

Have you ever seen someone trim a plant or tree?
Why do you think they cut parts off?

STORY TIME

Jesus said that God is like a gardener.

A gardener takes care of plants so they can grow strong and healthy.

Sometimes, the gardener cuts parts of the plant.

That might sound strange... why cut something?

Because it helps the plant grow even better!

Jesus explained that God sometimes removes things in our lives

that stop us from growing.

It's not because He is angry.

It's because He loves us.

He wants our lives to be full of good things like

kindness, love, and joy.

So when God shows us something we need to let go of,

He is helping us grow.

**BIBLE LOOK UP**

Read: John 15:1-3

Listen for: What does Jesus say the gardener does to help the branches grow?



PICTURE IT

Close your eyes.

Think about God as a good gardener.

Picture Him gently caring for your life.

Remember He helps you grow
because He loves you.



THINK

- Is there anything in your life that might not be helping you grow?
- Is there something God might be gently asking you to let go of?
- Trimming can feel _____ but it helps me grow _____

DO (Try this today)

TRY this today:

- Draw or write something you might need to let go of (e.g. fighting, too much screen time, being unkind)
- Then cross it out or crumple the paper

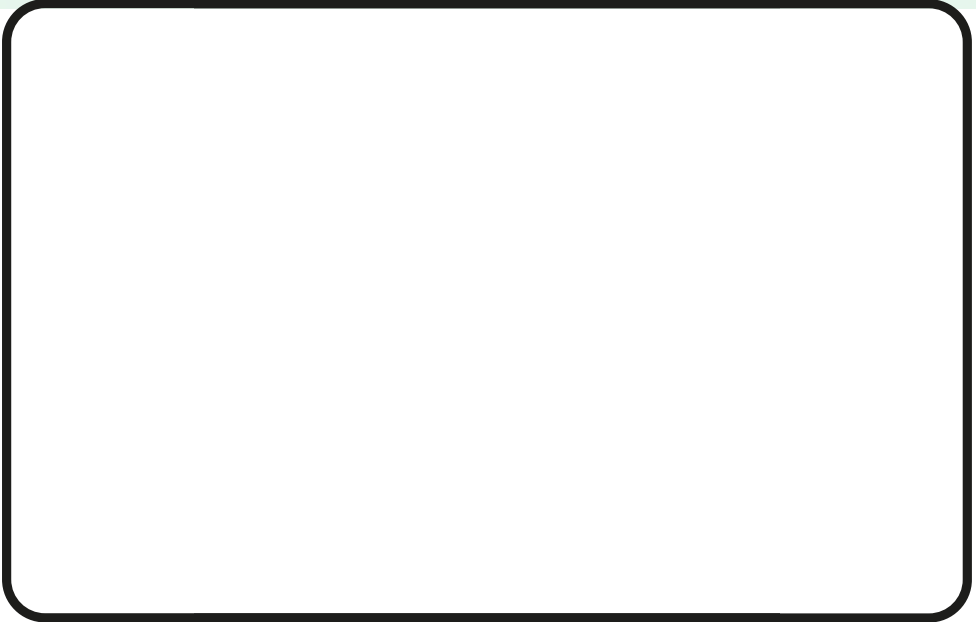
Say: "Jesus, help me let this go so I can grow strong in You."



RESPONSE TO GOD

Draw a plant or tree growing strong and healthy.

You can draw: leaves, roots, sunlight, yourself growing strong in Jesus

**PRAY****PRAY FOR**

- A heart that wants to grow
- Help to let go of things that aren't good
- God to grow love, joy, and kindness in you
- Trust that God is helping you grow

SIMPLE PRAYER

Talk to Jesus about growing strong.

You can say:

“God, be my Gardener. Snip away the bad stuff.

Grow love and joy in me.

Help me stay connected to Jesus. Amen.”

DAY 2

Tuesday

12 May

The Gardener's Pruning

God lovingly prunes us so that we can grow and bear even more fruit!

"Every branch that bears fruit he prunes so that it will be even more fruitful."

John 15:2

**PLAYDOUGH TIME!**

Use your playdough to make your own vine, branches, leaves and fruit. You can also make the gardener and pruning tools if you like!

CREATE • SHAPE • GROW

Use this space to build your vine with playdough.

**WHAT IS GOD GROWING IN YOU?**

Use your playdough to make some fruit or leaves to show the good things God is growing in your heart.
(Love, kindness, patience, joy, faith...)

**IS THERE ANYTHING GOD WANTS TO TAKE AWAY?**

Use your playdough to make things that don't help you grow. Ask God to help you let go of them.
(Bad attitudes, wrong choices, distractions...)

CONNECT

Have you ever had a place where you feel really safe and loved?

What makes that place feel special?

Now pretend you're a koala hugging a tree. How does it feel to stay close like that?

STORY TIME

Jesus said something amazing:

“Remain in my love.”

That means we can live in His love every day.

God's love isn't something that comes and goes.

It is always there – strong, big, and never ending.

But sometimes we forget.

Sometimes we feel ashamed, scared,

or like we have to try really hard to be good enough.

Jesus says,

“Stay in my love.”

When we trust Him and follow Him,

we stay close to His love.

And when we stay in His love...

our hearts are filled with joy.

**READ THE BIBLE**

Read: John 15:9-11

Listen: What does Jesus say about His love?

DO (Try this today)

- Find a quiet place
- Sit still and close your eyes. Imagine Jesus sitting next to you
- Put your hand on your heart and say: "Jesus, You love me. I can stay close to You." Sit quietly for a moment and just be with Him

THINK

- When do you feel closest to Jesus?
- Is there anything that makes you want to hide from Him?
- Jesus' love makes me feel _____

RESPONSE TO GOD

Draw yourself with Jesus. You can draw: A big hug, a heart around you, yourself sitting with Him.



**-PRAY**

Talk to Jesus about staying close in His love and not hiding from Him. You can say: "Jesus, thank You that You always love me. Help me not hide from You. Help me stay close to You every day. Amen."

DAY 3

Wednesday
13 May


Abide in My Love



Memory Verse Tic-Tac-Toe

Play a game and learn a verse! 

Mark a spot
and say the words!
Be the first to
get three in a row.

As the Father	has loved me	so have I
loved 	loved you.	Now remain
in my	love.	John 15:9

CONNECT

Have you ever followed instructions to build something?
What happens when you follow them carefully?



STORY TIME

Jesus said something really important to His friends:

“If you keep my commands, you will remain in my love.”

That might sound like a big sentence...

but here's what it means:

When we listen to Jesus and do what He says, we stay close to Him and live in His love.

Imagine your mum or dad asks you to do something.

When you listen and do it, it helps your relationship stay strong.

It's the same with Jesus.

He doesn't ask us to obey because He wants to control us.

He asks us to obey because He loves us
and wants what is best for us.

Obedience is not about being perfect.

It's about saying,

“Jesus, I trust You.”

Every time we choose His way,
we stay close and keep living in His love.



READ THE BIBLE

- Read: John 15:10-12
- Listen: To what Jesus is saying about following Him.



PICTURE IT

Close your eyes.

Think about Jesus showing you the way.

Picture yourself walking with Him and listening to Him.

Remember – you can trust Him and follow His way.



DO (Try this today)

TRY this today: Play Follow the Leader

- One person is the leader
- Everyone else copies what they do
- Change leaders a few times

Then say:

“Just like we followed the leader, we follow You, Jesus. We trust You and want to live Your way.”



THINK

Is there something Jesus is asking you to do?

Is there something you know is right but haven't done yet?

Following Jesus helps me _____

RESPONSE TO GOD

THINK ABOUT IT: Following Jesus shows that I trust Him and love Him.

DRAW IT: Draw yourself following Jesus. (You could draw footsteps, a path, or walking with Him)



-PRAY

PRAYER POINTS

- A heart that wants to follow Jesus
- Help to trust Him and do what He says

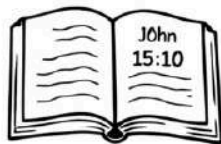
SIMPLE PRAYER

Talk to Jesus about following Him.

You can say: Jesus, I trust You. Help me follow You and live in Your love.
Amen.

DAY 4
Thursday
14 May

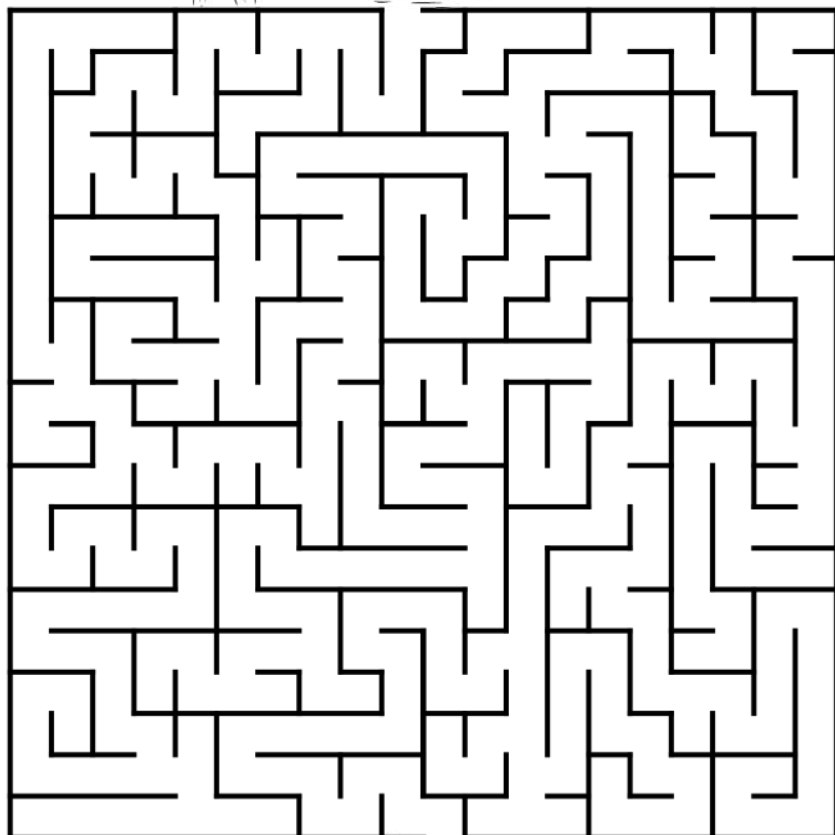
Obedience and Love



"If you keep my commands, you will remain in my love."

Go through the maze to follow Jesus' way!

Choose Jesus' way



CONNECT

Have you ever done something kind for someone?
How did it make them feel? How did it make you feel?

STORY TIME

Jesus said:

“Love one another as I have loved you.”

That means we are meant to love others
the same way Jesus loves us.

Wow... that’s a big kind of love!

Jesus didn’t just say nice things.

He showed love by helping, forgiving, caring,
and even giving His life.

Then Jesus said something amazing:

“I chose you.”

That means YOU are chosen by Jesus.

Not because you are perfect.

Not because you earned it.

But because He loves you.

And He chose you **on purpose**:

To show His love to others.

So when you help someone...

when you forgive someone...

when you are kind...

That is Jesus’ love flowing through you.



READ THE BIBLE

Read: John 15:12-13
Listen: What does Jesus
tell us to do?

THINK

- How has Jesus shown His love to you?
- Who can you show love to today?
- What is one kind thing you could do for someone?

DO (Try this today)

TRY this today: LOVE IN ACTION

Pick ONE way to show Jesus' love today:

- Help someone
- Share something
- Say something kind
- Forgive someone

Draw or write what you will do:

RESPONSE TO GOD

THINK ABOUT IT Jesus loves me, so I can love others.

DRAW IT Draw someone you can show love to.

(You can draw a friend, family member, or someone at school)



-PRAY

Talk to Jesus about loving others.
 You can say: "Jesus, thank You that You chose me.
 Help Your love flow through me today. Amen."

DAY 5

Friday
 15 May

Chosen to Love

Draw someone you can
 love, help, encourage, or forgive!



Draw someone who you
 can show God's love to!

"Love each other
 as I have loved you."
 John 15:12



God way
 is the **BEST**
 way!



PRAY

God, show me someone I can love
 today like You have loved me.
 Help use my hands, hug, voice, or words
 to show Your love. Amen.

CONNECT

Have you ever felt different because of what you believe or chose to do?

(If you're with family, take turns sharing. If you're on your own, think of one moment this has happened.)

STORY TIME

Jesus was talking to His friends and teaching them how to stay close to Him. Then He said something important:

"If the world hates you, remember it hated Me first."

Jesus was helping them understand that following Him wouldn't always be easy.

The world often chooses things like doing whatever feels right, fitting in, or being popular. But when we follow Jesus, we choose a different way, His way.

That can sometimes feel hard. People might not understand your choices. You might feel different.

But Jesus reminds us of something powerful:

You belong to Me.

I chose you.

And you are not alone –

Jesus is always with you.

So even when others choose differently,

you can stand strong, because you belong to Jesus.





READ THE BIBLE

Read: John 15:18-21

Listen: What does Jesus say about the world?



PICTURE IT

Close your eyes.

Picture yourself choosing
Jesus, even when it's hard.
Remember – He is with you,
and you belong to Him.



THINK

- When might it feel hard to follow Jesus?
- What could you do instead of following the crowd?
- Who can help you stay strong?

DO (Try this today)

“Stand Strong”

Think of **one small way you can live for Jesus this week**, even if it feels hard:

- Being kind to someone who others might ignore
- Telling the truth
- Including someone
- Choosing not to join doing the wrong thing.

Write it down or say it out loud together. **“I will stand strong by...”**

Practice it together (act it out or talk through it)

RESPONSE TO GOD

THINK ABOUT IT: I belong to Jesus, even when others choose differently.

DRAW IT: Draw yourself standing strong.

(You could draw yourself strong like a superhero or standing tall)



PRAY

Pray together:

- For courage to follow Jesus
- For people around the world who are treated badly for their faith
- For wisdom to live differently in a good way
- For the church in Australia to be strong and bold

Simple Prayer:

“Jesus, help me stand strong.

Help me choose Your way, even when it’s hard.

Thank You that I get to belong to You. Amen.”



STAND STRONG IN JESUS

When it's hard to follow, I can stand strong because I belong to Jesus.

John 15:18-20



READ THE BIBLE

John 15:18-20

Jesus said it might be hard to follow Him. But remember, you belong to Jesus!

♥ Listen for: "What does Jesus say about belonging to Him?"



CROSSWORD

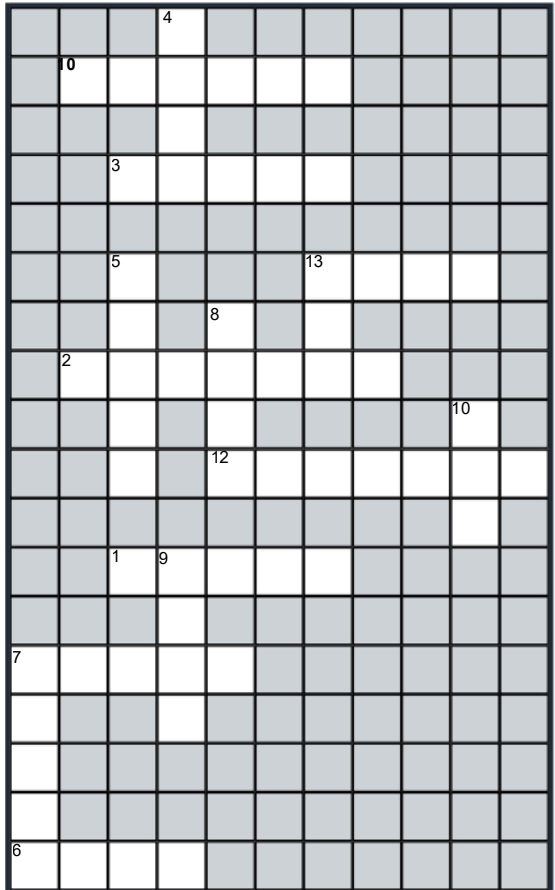
Fill in the blanks using the clues. All the answers are from John 15:18-20.

ACROSS

- I. 1. He taught His friends important lessons
2. People Jesus was talking to
3. What Jesus was doing with His friends
6. What Jesus said the world might feel
7. The world hated Jesus _____
- II. 1. We must _____ to follow Jesus
2. The world likes to be _____
3. Jesus wants us to do what is _____

DOWN

4. Jesus showed this to everyone
5. This might hate you for following Jesus
7. Trusting in Jesus takes _____
8. Jesus wanted to _____ His friends
9. Following Jesus isn't always _____
10. Jesus shows us the right _____
13. Jesus is the Son of _____



CONNECT

Have you ever needed help with something but didn't ask for it? What happened?
(If you're with family, share together. If you're on your own, think of a time this happened.)

STORY TIME

Jesus was getting ready to leave His disciples, and He knew they might feel unsure or even a little afraid. So He gave them a promise.

He said: "When the Helper comes..."

Jesus was talking about the Holy Spirit.

The Holy Spirit is not far away. He is close.

He is with us, and He is our Helper. He helps us:

- Know what is right
- Remember God's truth
- Feel comfort when we are sad
- Be brave to live for Jesus

Jesus also said:

"He will tell people about Me... and you will too."

That means we are not on our own. The Holy Spirit helps us live for Jesus and tell others about Him. So we don't have to try really hard by ourselves...

We can ask for help.



READ THE BIBLE

Read: John 15:26-27

Listen for: Who does Jesus send to help us?



PICTURE IT

Close your eyes.

Think about the Holy Spirit,
your Helper.

Picture Him with you, helping you,
guiding you, and reminding you
about Jesus.

Remember – you are not on your own.



THINK ABOUT IT

- When do you need help the most?
- Have you ever felt God help you or guide you?

I am not alone – the Holy Spirit helps me.

DO (Try this today)

Ask for Help.

Today, when something feels hard, pause and pray:

“Holy Spirit, help me.”

Try this when:

- You feel unsure
- You need courage
- You don't know what to do

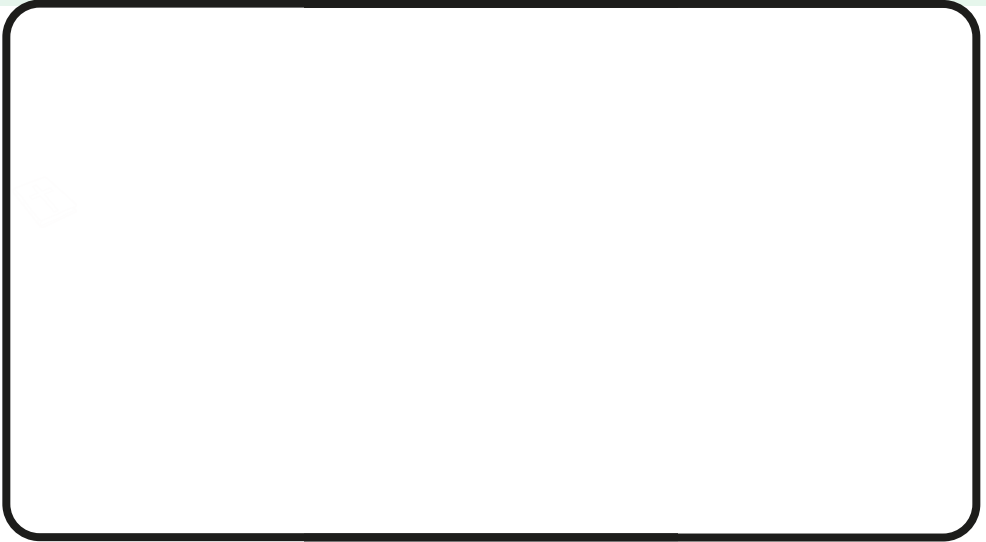
RESPONSE TO GOD

THINK ABOUT IT

The Holy Spirit is my helper.

DRAW IT

Draw yourself with the Holy Spirit helping you.
(You could draw light, peace, or Jesus close to you.)



PRAY

Pray together:

- To be filled with the Holy Spirit
- To hear His voice and know His help
- Courage to tell others about Jesus

SIMPLE PRAYER

“Holy Spirit, thank You that You are with us. Thank You that You help us and guide us. Help us to hear Your voice and follow You.

Give us courage to tell others about Jesus.

Amen.”



CHECK!

Check on your plant.
How is it growing?

God is growing you too.



A special reward





PLAYDOUGH MAT



♥ Make a phone

Listen to God.



Listen to God.

♥ Make an ear

Hear God's word.



Hear God's word.

♥ Make hands

Serve & pray.



♥ Make a megaphone

Tell others about Jesus.



WHY DO WE NEED THE HOLY SPIRIT?

The Holy Spirit fills us with God's power and helps us do things that we couldn't do on our own. Use your playdough to show why we need His Help.

CONNECT

Have you ever been in the dark and then turned on a light?
What changed?
(Share together or think about it.)



STORY TIME

Jesus told His disciples something surprising.
He said it was actually good that He was going away.
Why? Because the Holy Spirit was coming.
Jesus said:

“When He comes, He will show people the truth.”

The Holy Spirit helps people see clearly.
He helps us see when something is wrong, understand what is right and realise we need Jesus.

Sometimes people don't know or understand God yet, but the Holy Spirit gently works in their hearts and helps them see who Jesus is.

We can't make someone believe, but the Holy Spirit helps them understand.

That's why we can pray with confidence because God is already working.



READ THE BIBLE

Read: John 16:8-11

Listen for: What does the Holy Spirit help people see clearly?



PICTURE IT

Close your eyes.

Think about the Holy Spirit working
in someone's heart.

Picture Him helping them understand
what is true and showing them who

Jesus is.

Remember – God is always working.



THINK ABOUT IT

- Who could you pray for to know Jesus?
- How does it feel to know God is working in people's hearts?
- What can you ask God to do in their life?

DO (Try this today)

Pray for Someone

Think of one person who doesn't know Jesus yet.

Say their name out loud or in your heart.

Ask God to help them know Jesus.

Ask the Holy Spirit to work in their heart

You could also invite them to church!



I will pray for: _____

RESPONSE TO GOD

THINK ABOUT IT

God is working in people's hearts.

DRAW IT

Draw a heart with light shining in it.

(You could draw someone beginning to see Jesus.)



PRAY

Pray together:

- For family and friends to know Jesus
- For people in Perth to follow Him
- For revival across Australia
- For the Holy Spirit to open hearts

SIMPLE PRAYER

“Jesus, thank You that You love people. Please help _____ know You. Holy Spirit, work in their heart. Amen.”



DAY 8



PRAY FOR MY FRIENDS

The Holy Spirit works in people's hearts.
I can pray and trust God.

FRIEND

FAMILY

SOMEONE AT SCHOOL

NEIGHBOUR

TEAMMATE

TEACHER

RELATIVE

SOMEONE IN NEED

SOMEONE WHO DOESN'T KNOW JESUS



He will guide you into all the truth...
— John 16:13 —



CONNECT

Have you ever needed someone to show you where to go or how to do something?

(Share together or think of a time this happened.)

STORY TIME

Jesus told His disciples something interesting.

He said there was still more He wanted to teach them, but they weren't ready to understand it all yet.

Then He gave them a promise:

“The Spirit of truth will guide you.”

The Holy Spirit helps us understand things step by step.

He doesn't show us everything at once... He leads us little by little., like someone walking beside you, showing you the way.

He helps us know what is right, make wise choices, understand God's Word, and follow Jesus

And most importantly...

He always points us back to Jesus.

So when life feels confusing, we are not on our own.

The Holy Spirit is guiding us.



READ THE BIBLE

Read: John 16:13-15

Listen for: Who helps guide us and show us the way?



PICTURE IT

Close your eyes.

Think about the Holy Spirit
guiding you.

Picture Him showing you what is right,
step by step.

Remember – He helps you follow Jesus.



THINK ABOUT IT

- When might you need help to make a good choice?
- How can the Holy Spirit guide you?
- What is one choice you can ask God about today?

DO (Try this today)

ASK GOD FIRST

When you have a choice to make today, stop and pray:

“Holy Spirit, guide me.”

Then take a moment to:

- Be quiet
- Think
- Listen



I will ask God about: _____

RESPONSE TO GOD

THINK ABOUT IT

God is guiding me every day.

DRAW IT

Draw a path and yourself walking on it.

(You could draw God guiding you along the way.)



PRAY

Pray together:

- Wisdom for leaders
- Help to know what is right
- The Holy Spirit guiding people
- Truth shaping our nation

SIMPLE PRAYER

“Holy Spirit, help me choose what is right.

Guide me and help me follow Jesus.”

Amen.

DAY 9

START

FOLLOW THE RIGHT PATH

Follow the path that shows Jesus' way.
Which choices help you follow Jesus?

Tell the truth ✓

Lie ✗

Be kind ✓

Be mean ✗

Listen ✓

Ignore ✗

FOLLOWING JESUS

Follow the path that shows Jesus' way.
Which choices help you to follow Jesus.

The Holy Spirit guides me to choose what is right!

CONNECT

Have you ever felt really sad... and then later felt happy again?
What changed?
(Share together or think about it.)

STORY TIME

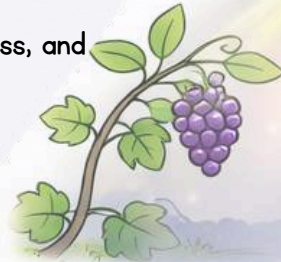
Jesus was talking to His friends and preparing them for something hard.
He told them that they would feel sad.

“You will weep and mourn...”

They were about to see Jesus go to the cross, and
it would feel confusing and painful.

But Jesus made them a promise:

“Your sadness will turn into joy.”



He explained it like this:

Sometimes something can feel really hard at first,
but then something good comes after it.

Like when a baby is born – there is pain first, but then there is great joy.

Jesus wanted them to know:

The sadness would not last forever. Joy was coming.

And this is true for us too.

Sometimes we feel sad, confused, or hurt, but God is still working.

He can turn sadness into joy.



READ THE BIBLE

Read: John 16:20–22

Listen for: What does Jesus say will happen to our sadness?



PICTURE IT

Close your eyes.

Think about a time you felt sad or upset.

Now picture Jesus bringing light and joy.

Picture hope growing in your heart.

Remember - Jesus can turn sadness into joy.



THINK ABOUT IT

- When have you felt sad or confused?
- How does it help to know Jesus brings joy?
- What can you remember when things feel hard?

DO (Try this today)

GIVE IT TO JESUS

Think of something that feels hard.

Tell Jesus about it.

Ask Him to help you trust Him.

You could also:

- Talk to your parents or NextGen leader
- Pray together

Remember:

“Jesus is bringing joy.” I will remember: _____”

RESPONSE TO GOD

THINK ABOUT IT

God is working, even when I don't see it.

DRAW IT

Draw something that starts sad and turns happy.
(Like rain turning into sunshine.)



PRAY

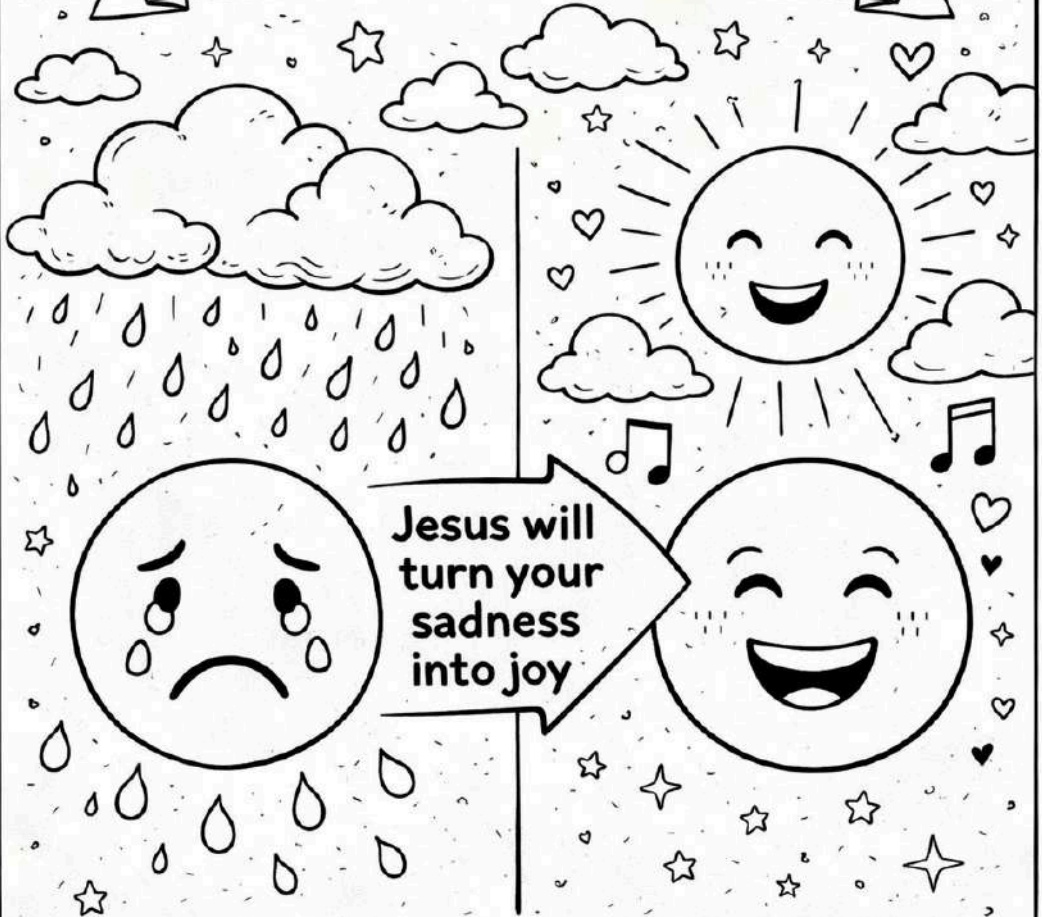
Pray together:

- Comfort for people who are sad
- Hope for those who feel discouraged
- Trust in God's plan
- Joy that comes from Jesus

SIMPLE PRAYER

Jesus, thank You that You bring joy.
Help us trust You when things feel hard.
Fill our hearts with Your peace and joy.
Amen.

FROM SADNESS TO JOY



Jesus will
turn your
sadness
into joy

**“You will be sad, but your sadness
will turn into joy.”** John 16:20

CONNECT

Have you ever wanted to ask for something... but felt unsure or nervous?
Why?
(Share together or think about it.)



STORY TIME

Jesus told His disciples something amazing. He said:
“You can ask the Father in My name.”

That means we can talk to God directly.

We don't have to be unsure or afraid – we can come to Him with confidence.
Jesus was teaching them how to pray in a new way.

To pray “in Jesus' name” means we are connected to Him, we trust Him, and we want what He wants.

God loves to hear us pray. Jesus said:

“Ask, and you will receive, and your joy will be complete.”

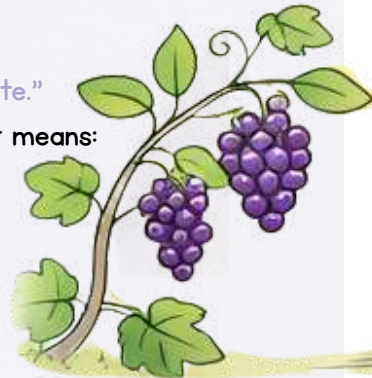
That doesn't mean we get everything we want, but it means:

God hears us

God cares

God answers in the best way

So we can pray with boldness.



READ THE BIBLE

Read: John 16:23-24

Listen for: What does Jesus say will happen when we ask God?



PICTURE IT

Close your eyes.

Imagine talking to God like you would talk to someone who loves you.

Picture Him listening to you.

Picture Him caring about what you say.

Remember – you can always talk to God.



THINK ABOUT IT

- What would you like to talk to God about?
- How does it feel to know God listens?
- When could you pray this week?

DO (Try this today)

TALK TO GOD ANYTIME

Take time today to talk to God.

On each finger, write or draw something you want to pray for:

- Something for YOU
- Someone in your FAMILY
- One of your FRIENDS
- Something HARD
- Something you're THANKFUL for



Use your hand to help you pray with confidence this week.

RESPONSE TO GOD

THINK ABOUT IT

God hears me when I pray.

DRAW IT

Draw yourself talking to God.

(You could draw words, hearts, or prayer bubbles.)



PRAY

Pray together:

- Bold faith in prayer
- Breakthrough in hard situations
- God's provision and help
- Joy from answered prayer

SIMPLE PRAYER

"Jesus, thank You that I can talk to You. Help me trust You when I pray.
Amen."

DAY 11

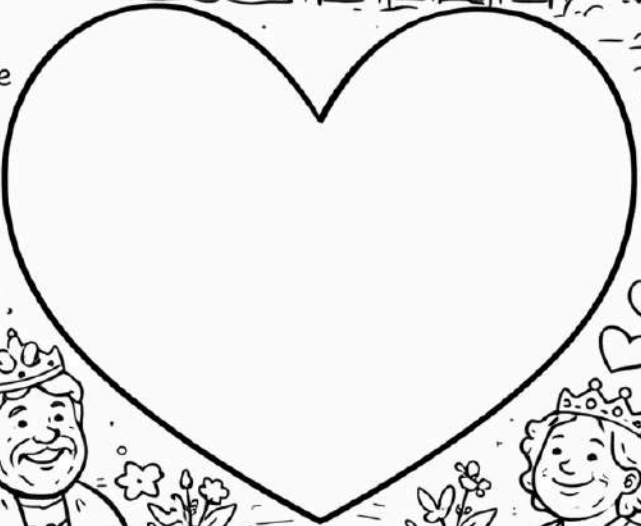
Your Kingdom Come

The Lord's Prayer
Matthew 6:10

Pray for God's Kingdom
to come on earth



Fill the heart
with drawings or
words of how you
would like God's
Kingdom to come
on earth.



PRAYER

Lord Jesus, we pray that God's Kingdom, where You rule and reign, will come on earth. In Your name, Amen.



CONNECT

What is something that shows people what something is like?
(Example: a picture shows what a place looks like.)

STORY TIME

Jesus prayed a very important prayer.

He looked up to heaven and said:

“Father... show Your glory.”

Jesus wanted people to see how great God is.

Everything Jesus did – the way He loved, helped people, and obeyed God – showed what God is like.

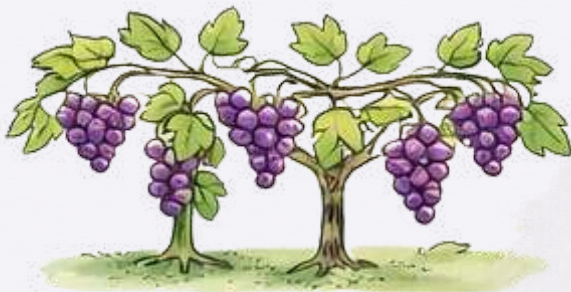
Jesus didn't live for Himself...

He lived to show God to others.

And now, we get to do the same.

When we are kind, tell the truth, help others, and love people,
we show God to the world.

Our lives can point people to Him.



READ THE BIBLE

Read: John 17:1-5

Listen for: What does Jesus want people to see?



PICTURE IT

Close your eyes.

Think about Jesus showing people
what God is like.

Picture yourself living like Jesus –
loving, helping, and obeying.

Remember – your life can show God
to others.



THINK ABOUT IT

- What can people see about God through your life?
- How can you show Jesus to others today?
- What is one way you can live like Jesus?

DO (Try this today)

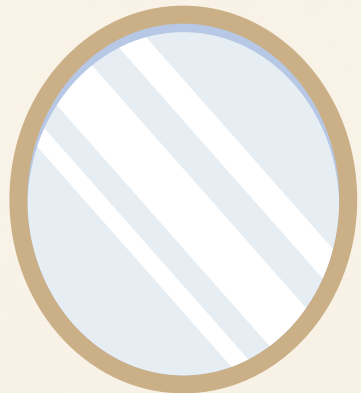
SHOW GOD TO OTHERS

Go and look in a mirror.

Say: “My life can show God.”

Choose one way to live like Jesus today:

- Help someone
- Be kind when it’s hard
- Encourage someone
- Share something



Do it to show God’s love. I will: _____

RESPONSE TO GOD

THINK ABOUT IT

I want my life to show God.

DRAW IT

Draw yourself shining like a light.

(You could draw light going out to others.)



PRAY

Pray together:

- That our lives show God's glory
- Hearts that follow Jesus fully
- Jesus lifted up in our church
- God's goodness seen in our city

SIMPLE PRAYER

Jesus, help me live like You.

Help my life show others what God is like.

Amen.

DAY 12 – WORD SEARCH:

SHINE YOUR LIGHT

Find the words below in the puzzle.


They can go across, down, or diagonal!



L	I	G	H	T	W	O	R	L	D
S	H	I	N	E	K	I	N	D	X
J	E	S	U	S	L	O	V	E	T
G	L	O	W	T	R	U	T	H	A
H	E	L	P	Q	R	J	O	Y	B
M	N	O	P	L	A	M	P	C	D
E	F	G	H	I	J	K	L	M	N
O	P	Q	R	S	T	U	V	W	X
Y	Z	A	B	C	D	E	F	G	H
I	J	K	L	M	N	O	P	Q	R

LIGHT • SHINE • JESUS • LOVE • WORLD • KIND • HELP
TRUTH • JOY • GOOD • LAMP • GLOW



 "You are the light of the world." – Matthew 5:14

CONNECT

Have you ever had something that was special and set aside just for something important?
(Share together or think about it.)

STORY TIME

Jesus was praying for His friends.

He knew they would stay in the world, but He wanted them to live differently.

So He prayed:

“Make them holy by Your truth.”

That means: *Set them apart for God*



Jesus didn't want His followers to be the same as everyone else – He wanted them to live in a way that shows God.

God's truth helps us make good choices, know what is right, and live differently.

And Jesus also said something important:

“I am sending them into the world.”

That means we belong to God, and we are sent to others.

We are set apart AND sent out.



READ THE BIBLE

Read: John 17:14-18

Listen for: What does Jesus say about being in the world?



PICTURE IT

Close your eyes.

Think about living differently because you
follow Jesus.

Picture yourself making choices that honour
God, while still loving the people around you.

Remember – you are set apart and sent.



THINK ABOUT IT

- What does it mean to live differently?
- How can you show God to others?
- Who can you be sent to?

DO (Try this today)

CHOSEN AND SENT BY GOD

Draw a small symbol on your hand (like a cross, star, or heart).

Every time you see it today, remember:

“I belong to God.”

Then choose one moment to live differently and show God to someone else:

- Be kind
- Tell the truth
- Do what is right

You are chosen by God AND sent to others.

RESPONSE TO GOD

THINK ABOUT IT

I belong to God and want to live His way.

DRAW IT

Draw something special that is set apart.

(You could draw yourself with a light or badge showing you belong to God.)



PRAY

Pray together:

- Courage to live differently
- People around you

SIMPLE PRAYER

Jesus, help me live Your way.

Help me show You to others.

Amen.

DAY 13

Seek God First

Reading
Matthew
6:31-24

Talk about how you can seek
God first. Then fill in the word

search puzzle!

Focus on God
first in all things!



G	O	D	F	A	I	T	H	R	D
S	E	E	K	F	I	S	T	S	Q
B	E	L	I	E	V	E	A	N	D
P	R	O	M	I	S	E	S	S	T
B	E	L	I	E	V	E	L	O	W
B	E	L	I	E	V	E	F		
F	I	R	S	T	S	E	K		

Words to find:

GOD
FAITH
SEEK
PROMISES
BELIEVE



PRAY

God, we want to put You first in all
we do. Help us to trust in Your promises. Amen.



CONNECT

Have you ever felt really happy being included in a family, team, or group?

What makes people feel loved and welcomed?

(Share together or think about it.)

STORY TIME

Before Jesus went to the cross, He prayed for His friends. But He didn't only pray for those who were with Him then, He also prayed for everyone who would believe in Him later... even us.

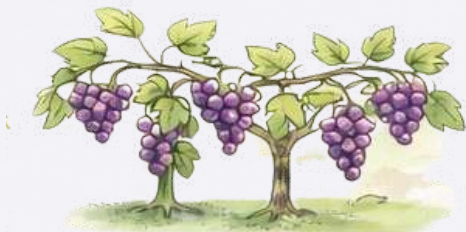
Jesus prayed that we would be one.

That means being close to Him and loving one another.

When we stay close to Jesus, His love fills our hearts.

And when we love each other, people can see what God is like.

Jesus prayed for us to live in His love and love one another.



READ THE BIBLE

Read: John 17:20-26

Listen for: What does Jesus want His followers to be like together?



PICTURE IT

Close your eyes.

Imagine Jesus with lots of people –
and you are there too.
His love brings us together.



THINK ABOUT IT

- Who can you help feel loved, included, or cared for this week?
- Is there someone you need to forgive or be kind to?

DO (Try this today)

LIVE AS GOD'S FAMILY

Today, choose one way to help someone feel included and loved:

- Stick with someone instead of leaving them out
- Bring peace instead of arguing
- Choose kindness even when it's hard

Say: "Jesus, help me live in Your love and bring others in."

RESPONSE TO GOD

THINK ABOUT IT

God made us to love and be united.

DRAW IT

Draw yourself with others (family, friends, church).

(You could draw everyone connected or holding hands.)



PRAY

Pray together:

- Unity in the church
- Love between believers
- Humble hearts
- People seeing Jesus through us

SIMPLE PRAYER

Jesus, thank You that You love me. Thank You that You prayed for us. Help me love others and bring peace. Let Your love shine through me. Amen.

LOOK HOW YOU'VE GROWN!



Look at the seed you planted on Day 1.

See how it has grown!

As you cared for your plant,
God has been growing you too.

He has been helping you:

- ♡ stay connected to Jesus
- ♡ grow in His love
- ♡ love others



LOOK BACK

What has God been growing in me?

What is one way I will keep following Jesus?

**When I stay connected to Jesus,
I grow and show His love to others.**

♡ MY PRAYER

Jesus, thank You for helping me grow.
Help me stay close to You,
walk in Your love,
and share Your love with others.
Amen.

THIS WEEK I WILL:

- stay close to Jesus
- choose love
- bring peace
- help others
- shine for Him



Stay connected. Keep growing.

♡ Love others. ♡

BRING IT BACK!



Bring your journal to church
this week and show it at the

CHECK-IN DESK



A special reward is waiting for you!